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QMAGAZINE

MIDSUMMA 2022

featuring:  
**MARCUS PROCTOR**  
red rider in the hood

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# q feature: THE RED RIDER IN THE HOOD

As originally appeared in Gay Community News: <https://gcn.ie>

## What made you start your backpacking journey?

I cheated on my boyfriend and he seemed to regress to being a 4-year-old, like would literally say in a baby voice he had to take me out in my pram, lol. In my defence he was a head case and I wasn't ready to be with one guy. Plus, I did tell him that night ... after the guy rang and left a message on my answering machine We tried to make it work but life was getting stagnant and he needed serious help. My sister had left for London the year before and that planted the seed of curiosity so to speak. I didn't think I'd be gone for 6 years though.

## Where did you travel to?

I think 21 countries but lived in \*deep breath\* Malvern, London, Blackpool, Amsterdam, Utrecht, Den Haag, Appledorn, Cork, Waterford, Belfast, Toronto, Halifax, St. John's, Montreal, NYC, L. A., Wales, Malta aaaaand Brighton (after confusing it for Birmingham).

## You mentioned being a rent boy on Santa Monica Blvd - how did that come about?

I hope this doesn't sound wanky but I have an adventurous spirit. I was living in a gay hostel in London and the manager had an escort website called 'London Lads' so recruited like half the boys there, lol. I was 'Corey: Horny Aussie Surfer'. Was fun doing that and cruising in general for couple of years but after that it felt the adventures became abit darker. Like being mugged and fighting him off and getting a gun stuck point blank in my face after the guy wouldn't pay...still got the money. Santa Monica Blvd was the tail end of it where all that happened. Was still great emails to my mates but it was a pretty crazy time. L.A. is an entity all to itself.

## What did you learn from your backpacking adventures? And specifically your time as a rent boy?

That I can't help but leave my mark, lol. I guess (and I never did anyway) but not to judge a book by its cover. I met some really beautiful people while travelling or renting or when I was homeless and living on the streets that had more empathy and wisdom that would be amazing to have in positions of power then some of the more powerful people in the world that like to sell themselves as such, you know what I mean?

With renting, something deeper was driving me after the initial fun. I wasn't enjoying it. I had to make money to survive, which I understand, but (and I'm not going all Oprah on ur ass, lol) I had an interesting childhood shall we say, and when u've been sexualised at a really young age it can make you have an interesting relationship with sex which I think the later part of those adventures was trying to tell/teach me.

That I had to start dealing with it which was kind of hard. But that's not playing victim either, I did have fun adventures as well.



**What exactly is your connection to Ireland? You mentioned Irish heritage - could you give us a few details?**

It was pretty weird. I arrived in Cork and within a couple days I found a job at Kafka's Café on Maylor Street (shout out to Ann-Marie x) and a hostel to live in. I started renting behind the bus station there, near where the brothel was and while waiting on the corner would talk to the lady who ran it.

But I thought Dublin had more to offer being the bigger city so bought a bus ticket and while walking up the stairs to the driver the feeling in my stomach got soooo strong to stay and as I got to the guy I said 'I'll be back' then ran down and asked the ticket lady if I could get a refund and she smiled and said of course so stayed.

I rang and told my mum a few mths later and that's when I learnt that my mum's side is from there and my dad's is either from there or passed through and stayed for ages...I don't think I'm inbred but it explains the feeling in my stomach and why I feel so strong about Ireland, was so weird. I stayed for 7 months and had a really beautiful time. I'd work at the café during the day and was renting at night. Cork's small so word got around and I think it intrigued people but I was really accepted there, lol.

Even after seeing me being driven down the main street high speed one night hanging onto a car window to escape four homophobes who wanted to bash me.

***In this issue's Q Book read what Marcus has been up to back here in Australia:***

*Marcus Proctor is an actor/writer whose book the excerpt comes from 'Happy Traveller' is coming out this year along with a TV drama 'Elliot's Creek' in Australia, a comedy 'Mikey' in Canada and another in the U.K. 'Heaven Can Wait' where he plays the lead in all three. IMDB*



For further information, please see <https://m.imdb.com/name/nm2467657> OR <https://au.linkedin.com/in/marcusproctor>

# q in deep: THE MAN BEHIND DRIP

In the December 2021 issue of Q Magazine he was the cover boy. This month we find a little more about the man, his motivations, and why he and his business partner started 'drip'.

**Hugh, to begin with I have to say that I love the name, thoroughly enjoyed the launch (and thank you for inviting me) and I adore your products too (thank you for providing some for me to 'road test'). Is drip a one-man show or do you have other guilty collaborators, and how did the concept come to be?**

drip is a love letter to my younger self. I grew up on Queer as Folk (Monday nights SBS 9:45 in my family basement, lights off, volume on low) as my only insight into gay and queer culture. I didn't know a single gay or queer person, and I felt incredibly isolated.

After coming out there was a bit of an 'and now what' moment when it came to learning about sex. Who teaches you as a queer person? How do you learn? Everyone seems to want to teach you things when you're young but when it comes to sex and pleasure, I was just told to use condoms and not get HIV.

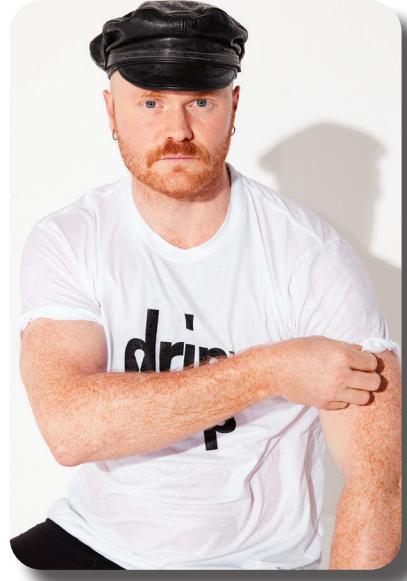
So, I took it upon myself to learn. Porn helped (especially with faster internet connections) but it's often missing intimacy, laughter, smiles, fumbles and mistakes. Not an ideal place to start. So, I sought out older men to learn how to experience pleasure (thanks Daddies). They filled the void of lack of education, silent parents who didn't want to ever talk about sex and a community that I struggled to connect with around sex. It was through sharing stories and finding sisters in the gay community that I really started to learn. drip is about creating that conversation between friends or community members who want to document and share. I grew up in the homophobic Howard era and it was bloody lonely, drip 15+ years later, is a response to this; open dialogue and community talking proudly and openly about sex and pleasure.

In addition to the online sex platform, during my early 20s, I'd been home with too many men who used bad sex products. Sticky formulas that you'd need to wash off as soon as you've cum, or ones that dry out, so you keep applying until you're in a puddle of tacky jelly. The standard was pretty average, and everyone seemed to just accept that. People who had great taste and style in every other aspect of their life seemed to have subpar sex products hidden under their beds. I believe this stems from broader societal shame around sex, that it's hard to be brave enough to acknowledge that we all deserve a little better (and so do our butts, cocks and vulvas.)

As for collaborators, we're a team of two – just me and my colleague Ksenija. Together we do everything from products to marketing. We're lucky enough to work with a bunch of amazing people who contribute content on their area of expertise, as well as artists who contribute fortnightly Spotify drip(mixes); pleasure playlists to have sex to.

**One of the big selling points for me is the natural nature of the ingredients used. Please explain how this came to being and how it works in a 'hands on' sense?**

We make everything locally actually on the Mornington Peninsula here in Melbourne. Each formula has been tried on various groups of people within our community. Taking on real people's feedback was super important to us, and helped us nail the texture, smell and taste of each product. We use organic ingredients where possible, and we've also done dermatological testing with both our lubes on sensitive skin subjects to make sure they can be enjoyed by all.



All our products are designed to combat common friction points. For example, the oil based drip stemmed from the many times I tried to scoop my hand into a glass jar of coconut oil while straddling someone, then struggled to melt it in my hands to use it as lube. It was such a clunky and messy experience. Sex should be enjoyed to its fullest and the products that assist should work for you, not against you. That's why we took every aspect of how people use them into consideration, from coconut oil that stays liquid, to recycled plastic bottles that won't break if dropped in the shower, courtyard or kitchen, to a pump that gives you the right amount seamlessly.

I think once you start to talk about all of these friction points people really see the light and go 'oh yeah, why is that so clunky?' It's like we all have blinkers on until you start the conversation about what we deserve."

**The lubricants and breath spray are only the tip of the iceberg, as I understand it. drip is much more than just the products – please explain how?**

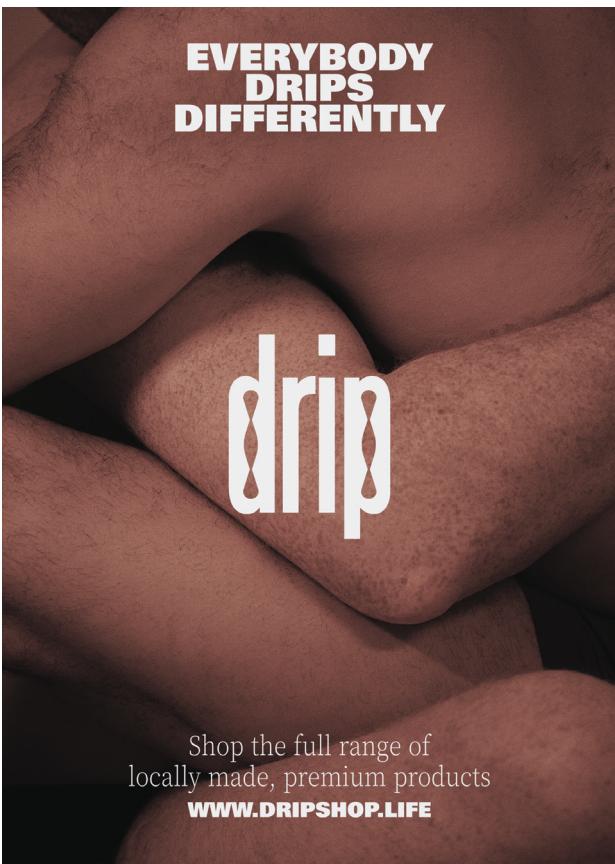
We're trying to break down the friction that sits between people and their ability to experience pleasure. Our content platform, the drip(feed) does this by empowering people with information and stories about sex. While the products respond to physical moments of friction, we know that there are so many other things that stop people from experiencing the pleasure they deserve. Whether it's learning how to douche, how to overcome sexual trauma or how to laugh at the lighter side of sex, you'll find unbiased information, contributed by people who have lived experience on the drip(feed).

**Now that every hand, bottom, willy and vulva is using your products and you have stolen (and rightly so) the entire lubricant market, what is next for you and the brand?**

Haha, we have really only just launched last month so there is a long way to go before all of those body parts are satisfied globally. I'm doing my part in sharing them with the world, but we need everyone's help. One appendage/orifice at a time! There are some huge players in this space, particularly the large global brands so we need people's support to get the word out there that there's a better option.

Every product we sell contributes to the sex positive content we curate online. I think people often think things can just sustain themselves without people supporting them, but this isn't the case with drip. We really need to spread the word about the platform and products and that's why I'm so grateful to have the opportunity to talk to Q magazine! But to answer your question more directly, we're hoping to launch more products and keep creating great, sexy content that helps people experience more pleasure. Got some feedback or something you want us to cover – drop me a line hugh@dripfeed.life!

**Thank you so much for your time, and I wish you all the success in the world. More strength to your arm and every other body part. Thank you for all you do.**



# q book: WORDS BY MARCUS PROCTOR

It's 2005 and a rather cold winter's night has decided to make my chosen job a wee unpleasant (though given what happened, I'd choose the cold) so threw on my trusty red coat I got 6 years earlier in Cannes when I started backpacking. I was a rent boy on Santa Monica Boulevard and a guy picked me up and tried to haggle. He realized I wouldn't budge so he agreed on my price and we drove to his place in South L.A. We did the deed and as I was getting dressed, he put the price he argued for on the bed, looked at me 'menacingly' and went to the kitchen.

I said "Remember, what we agreed on mate" and put on my shoes. He came out, we started arguing and I said "Do you want my man to come around and get the money?? I know where you live" I didn't have one, just made sense at the time, lol. He opened a drawer, pulled out a gun and stuck it point blank in my face and said "Do you really think I give a fuck about your man??" Calmly I said "Mate, I don't think you're a pussy but this is a business transaction and I want my money".

I got the money. He drove me back to my spot and on the way went Downtown (not as cheery as the song), pulled up behind a closed shop and got a brown paper bag from this guy and they kept looking over so I undid my belt and had my finger on the door handle as the guy got back in and drove off. It ended up being a bottle of whiskey and he offered me some which I gladly took. After an emotional farewell I thought I would hang around for a little more money since I was leaving for London the next day.

A fellow rent boy walked up and we started talking. He offered to share a joint and since I was feeling a little frazzled I said 'Sure!' We walked down a street and turned into a darker one in which I turned around. He stopped and told me to give him my money...doh!! He said he had a gun in his pocket to which I replied "No, you don't. It's obviously your finger, you idiot! That didn't go down well and he ran for me. I ran down the dark street, changed my mind, turned around and pushed him out of the way.

The irony that I had decided to leave my mace behind for the first (and last) time hadn't escaped me as I ran down the street and screamed at a car to stop. I slammed my hands on the bonnet and they guy came from the side and tackled me to the ground. The car kept driving and the guy tried to take my coat off me so I started punching him in the face. It went beyond just protecting my property. The feeling inside was so strong. I really loved this coat. I actually fought someone off me to make sure she stayed in my life...well, kind of off me. He ended up getting me in a choke hold and I started to pass out so I threw my money on the road and he let go.

There happened to be a few road workers who were watching the whole thing so the mugger put on a scene that I was the one mugging him and he stormed off. The workers went back to their jobs and I walked away feeling happy I had my coat and a little down that I now had to make that money back. Five minutes later I'm blowing someone for \$50 thinking how resilient I am when I started to quietly dry reach from shock, pushed it back down and kept going.

I made the money back so jumped on my bike and rode home. Living that life, you build a lot of barriers around you so nothing unnerves you but I lay on the bed and it hit me. I literally could have died, my body dumped and no-one would've had a clue what had happened. Shit got real that day, lol.

I'm now writing this in 2021 with my coat gently nestled beside me for inspiration and am amazed at how untouched she looks considering everything we've experienced together and just realized she's the longest relationship I've ever had...considering how much I've put her through, I'm not really surprised my human relationships don't get past 7 weeks.

Thanks for reading me.

*Marcus Proctor is an actor/writer who has written a book on his 6 years of backpacking around the world titled 'Happy Traveller' coming out this year. IMDB*

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# q property: PROPERTY FIT

## What kind of investor are you? Why most property investors fail

The vast majority of Australian property investors only own one or two investment properties – and there's a huge difference between those who simply buy a property or two as an investment, and professional property investors who have the knowledge and skills to build long lasting property portfolios. So, why do most property investors fail to achieve their investment potential?

First up, you need to decide what type of investor you want to be. Are you happy investing in property as a hobby, and satisfied with relatively modest results? Or, are you seeking outstanding results and willing to treat investing as a professional business by putting in the corresponding time and effort? Keeping this question in mind, let's take a step back to establish what type of investor you are.

If you're not already financially free then you likely fit into one, or a combination, of the investor types profiled below. Bear in mind that while the categories are obvious generalisations, you're still likely to recognise parts of your personality.

The Wannabee Investor has a genuine interest in investing, and enjoys reading and engaging in investment

But their talk doesn't walk - they know a confidence to carry action.

The Frugal Investor benefit in spending make money later. pennies but missing and would be better by seeking out seasoned property them achieve better

The 'I'll Try Buffet' Investor is toe into anything to broaden their they're happy to educate themselves. to seek for a single can mean they waste trying everything capital to invest), on a strategy and relevant to them and



information sources. always match their lot, but require more out truly meaningful

struggles to see the money upfront to They end up saving out on the pounds, off in the long term valuable input from professionals to help results.

Everything at the eager to dip their investment related knowledge, and spend money to However, they tend magic strategy that time and money on (and leaving little rather than honing in knowledge that is their specific goals.

The Impatient Investor has a passion for property and is eager to get started. However they tend to throw their money at any old wall (or in this case market) to see what sticks without establishing a sound strategy first. They prefer to bypass all the 'boring/trivial' education to try and get rich quick; addicted to immediate outcomes rather than planning for the long term.

The Burnt Investor tends to dwell on past investments that 'went wrong' or didn't live up to their expectations. Their inability to let go of the past, learn from their mistakes and create a better strategy holds them back. These investors need to own the outcome of their investing – take responsibility for it – so they can learn from their mistakes and move forward successfully.

The Cynical Investor asks lots of questions and doesn't settle for mediocrity. They have a curious and eager mind, with just enough scepticism to be able to think critically. However they tend not to trust themselves and, by extension of this, anyone else - letting doubts and worries get the better of them and impede their decisions. To get better results they need to spend more time educating themselves on what could work, rather than focusing on what doesn't.

The Been There has had their past, big or small, think they know it all, little bit too proud they need it, even if the next level, safer, predictably.

The Ah-Ha Investor all investment of risk, but they they need to take to change. They ego, decided to are surrounding an expert team. they don't know are willing to get necessary, but also better to delegate to dedicated

The Armchair that their skillset is line of work, and that can't do everything can often achieve seeking external on value, not cost,

surrounded themselves with an efficient trusted team of advisors.

There are numerous variations on the investor types above, but you can see that there are only two groups that can succeed at a sustainably high level - the 'Ah-Ha Investor' and the 'Armchair Investor'. If you identify with any of the other types, that's okay, because that means there's room to grow if you want to pick up your property game!

The choice for any investor is: Do you want to continue making the same (largely avoidable) mistakes, or are you looking to enhance your learning experiences and increase your investment results?

Whatever your reasons are for investing, if you accept that you need to create a clear plan, surround yourself with great people and recognise that achieving results is going to take time and effort, then virtually anyone can achieve outstanding results.

**Luke Harris is the author of *Property Fit* (Major Street Publishing \$29.95), and is the CEO of The Property Mentors, a Melbourne-based business that educates, motivates and facilitates clients from all around Australia to achieve financial freedom through property.**  
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Done That Investor successes in the and may erroneously They can be just that to ask for help when it could take them to faster and more

understands that carries some level also recognise that action for anything have let go of their ask for help and themselves with They accept that everything and their hands dirty if know when it is specialised tasks professionals.

Investor understands best focused on their to build wealth they themselves and better results by help. They're focused and have usually

# q cuisine: with HOME CHEF HYLTON

## Dips and Spreads

That awkward moment... When friends are coming over and you have nothing but biscuits in the pantry to serve said friends while you prepare dinner, or perhaps you're sick of Vegemite on toast and need an interesting alternative. Even if you've been asked to bring some nibbles to a friend's celebration, it's always an easy option to just pick up something from the supermarket on your way, but why not make your own? These options are much tastier, preservative-free, and only require a few pantry items. Lox could make for an awesome cob loaf, and pesto can be served alone, or, mixed with some cream, form the base of a delicious pasta sauce.

### Basil Pesto

#### Ingredients:

- 1/4 cup/50g pine nuts\*
- 2 cloves of garlic, smashed
- 1 1/2 cup loosely-packed basil leaves\*\*
- 3/4 cup shredded Parmesan
- 5 tbsp olive oil

#### Method:

1. On a very low heat, warm a non-stick pan, add the pine nuts, shaking regularly to ensure they don't burn. They should slightly change colour, and you should be able to smell the toastiness. Set aside.
2. Place all ingredients, aside from the olive oil, in a blender or the bowl of a small food processor and blend until finely chopped.
3. With the motor running, add olive oil in a slow, steady stream until well combined.

\*This is NOT an exact science, and everyone's stove is different. A brand called Lucky sell 50g packets of pre-toasted pine nuts, eliminating the trial and error process.

\*\*Pesto can be made with a wide range of greenery. You might like to try a mixture of basil and rocket, or even baby spinach can work.



## Hummus

### Ingredients

- 600g canned chickpeas, drained, and rinsed
- 1 tsp ground cumin
- 1 tsp smoked paprika
- 1/2 tsp of salt
- 2 tbsp tahini paste
- 3 garlic cloves, smashed
- 3-4 tbsp lemon juice (approximately a lemon's worth)
- 1/4 cup (60ml) cold water
- 100ml olive oil, plus extra to serve

### Method:

1. Place all ingredients, aside from the olive oil and water, in a blender or the bowl of a small food processor and blend until finely chopped.
2. Add water and blend again.
3. As with the pesto, wth the motor running, add olive oil in a slow, steady stream until well combined.
4. Taste test. Add extra salt or spices to your liking. If you'd like a little more sesame you can even add some sesame oil.

## Lox Spread/Dip

### Ingredients:

- 150g packet of hot-smoked salmon
- 200g tub of crème fraîche
- Half a red onion, finely diced
- 1-2 tbsp of capers (optional), finely diced.
- 2 tbsp lemon juice
- 1 small punnet of dill - finely chopped
- Cracked pepper, to taste

### Method:

1. Add all ingredients in a medium bowl and mix well with a fork to break up the salmon and combine ingredients.
2. Adjust salt, pepper and lemon to taste.



# q events: WOODSTOCK RELIVED

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Woodstock is one of the most iconic Music Festivals ever held. The artists who performed are recognised as legends of their generation and their music lives on to this very day.

Now Melbourne has the opportunity to relive some of the memorable performances from Woodstock with a one-day Festival, "WOODSTOCK RELIVED," to be held at the brand new 'Bayside Art Factory' a soon to be announced warehouse location in the Bayside area on Saturday 19th February from 2.00pm to 10.00pm.

This one day Festival will feature Melbourne's own Frankie J Holden (Ole '55), Wilbur Wilde (Jo Jo Zep & Ole '55), Kevin Borich Express, Mike Brady (Up there Cazaly), Phil Para, Wendy Stapleton (Wendy & the Rockets), Paul Norton (The Runners), Mick Pealing (Stars), Billy Miller: Rick Petropoulos (The Ferrets), Rusty Brown (Electric Mary), Jimmy Cupples (The Voice), Nikki Nicholls (Original Farnham Band & Kylie Minogue), Lisa Bade (The Ritual of Rock), Mae Parker (Big & Horny), Robbie Hammond (Big & Horny) and hosted by "Coxy" (from the Roxy; Brian Cadd's Bootleg Family Band). Along with a magnificent mix of local mega musicians including Tony Naylor (Brian Cadd's Bootleg Family Band), Craig Newman (John Farnham Band), Freddie Strauks (Skyhooks) and many more, bringing Woodstock music to life.

Event organiser Jake Gautreaux said "*Woodstock is etched in the memory of people around the world and has also captured the imagination of subsequent generations who have grown-up listening to the music and artists who performed at the most famous of the 1960s rock festivals. I am very excited to be bringing some of these legendary Woodstock performances to a brand new spectacular warehouse venue in Bayside for an afternoon of nostalgia*"

Some of Melbourne's best known artists and musicians will pay homage to Woodstock artists including: Jimi Hendrix ... Janis Joplin ... The Who ... Melanie ... Blood Sweat & Tears ... Jefferson Airplane ... Creedence Clearwater Revival ... Santana ... Sha Na Na ... Canned Heat ... Sly & The Family Stone and Joe Cocker.

Doors will open at 2pm and music lovers can purchase a wide range of drinks including Craft Beer, wine and cocktails. Local food trucks will provide a tasty variety of food. Browse the market stalls with hippie clothing and memorabilia or discover your future read by the illustrious psychic "Liz." The flower power vibe will transport you back to the 60s, so we encourage you to dress the part if you so desire.

All this in an open space fully protected from the weather with Uber/Taxi facilities on site. All facilities will be COVID SAFE.

**Tickets are available at [www.Festicket.com](http://www.Festicket.com)**

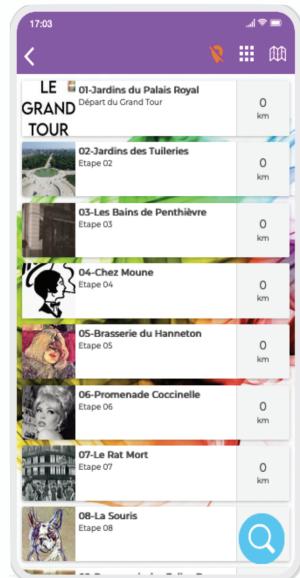
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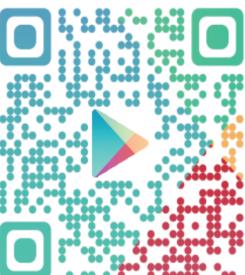


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# q gifts: VALENTINES DAY FOR HIM

Christmas is over, new year is a thing of the past. Yes...it's that time of year again, when on the 14th of February you had better not forget ... it's Valentines Day! It's a time to show that special someone that you think they are awesome and get them a little gift to show them how much you care. Trust me, you do not want to forget Valentines day ... a hug is not a gift.

This year, Original Hamper Company, have done all the hard work for you and curated two gift boxes perfect for the bloke in your life. "The Bro Box" and "The Hipster Hamper".

The Original Hamper Company was born from that little thing called a global pandemic. With their usual jobs temporarily put on hiatus, this Melbourne based duo put their heads together to launch a little small business that would in turn help other little small businesses within Australia.

All of the products sourced in their gift hampers are from small businesses throughout Australia and have been personally curated by the owners, a male and female duo who set their goal on starting a gift hamper company that was fun, quirky and had personality! They have a strong ethos on keeping everything made in Australia and even their stylish gift box and packaging is 100% Australian made, with most of their products coming from small boutique business and responsibly sourced where possible for good measure.

So let's talk about these man hampers themselves! "The Bro Box" contains an old fashioned cocktail hand crafted by a boutique cocktail bar in Fitzroy, Melbourne. It's bottled, ready to drink and perfect for a night on the couch. The dark side chocolate is from a local Melbourne Chocolatier, the 'hangover nuts' are rolled in duck fat and will help sooth their head after a no doubt booze filled valentines day and there's even a can of craft lager from the boys at Bodrigy to wash it all down with. A nice little extra for this hamper is that it contains a beautifully scented candle 'Mr Bond' that will please everyone in the household.

Okay. So let's talk hipsters. They couldn't be a Melbourne based hamper company without paying homage to their hipster friends. Has your boyfriend or husband got a beard? Long hair? Own a pair of those weird Aladdin pants everyone gets in Bali? Or hell, do they just order their coffee with a little flair. Well this Hipster Hamper has you covered. Incredible coffee bags from the laughing pug, rub on cologne that's not only made in small batches, but is eco friendly and smells bloody incredible, and of course that whiskey old fashioned cocktails for them to swirl around and feel all fancy.

With help of Original Hamper Company, Valentines day doesn't need to be cheesy and lame, its a chance to show your man that you love him or like him... or tolerate his bad dad jokes. So don't get him socks or a cuddley bear. Get him a gift hamper that's ALL MAN.



For more information and to buy your hampers throughout the year, please visit [www.originalhampercompany.com](http://www.originalhampercompany.com)



# LETS GET DEEP

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# q life: with GABRIEL TABASCO

## The Photoshoots – Part II

In December 2021's Q Life article I wrote about a photoshoot with Andy who, as it happened, was not a very good photographer. I also described the follow up photoshoot with Will, who was a model, and great to pose with but because of Andy's lack of people skills, nothing of beauty or value came from the shoot. It was a bad experience because Andy had no artistic vision, but I was lucky to meet with other photographers who were excellent.

One of them was Johnny, who as a photographer had skill, was able to influence, gave direction and was fun. Overall his shoots and the results were fresh, fun and nice to look at because he knew how to work with the model. In total I had three photoshoots with Johnny, of which the third one was the most fun and entertaining. The first two were shot in a hot hotel room where I posed there for his portfolio as well as for my OnlyFans. The third photoshoot we had was outdoors, on the beach on a hot day where Johnny took photos of me in the water, tall grass, sand and even in a brook. The natural light, sun, sea, and sand made the photoshoot a lot more interesting, creative and ultimately beautiful. There is only so much you can do in a hotel room while outdoors you have as many backdrops and themes as you like. It also looks exotic and more sensual. Since I love the outdoors and the sunshine, I felt like I was in my element.

All our shoots were TFP (time for print) shoots which meant that we had an agreement that he would take the photos and the model can use the best prints either indefinitely or for a limited amount of time. I was happy to pose and Johnny, who described himself as a voyeur, was happy to dedicate some of his time for a shoot.

At the beach we kicked off our shoot in the mangroves, initially I began posing among them in my shorts and checked shirt. Johnny suggested I wade into the water, fully clothed and float. The light blue of my clothes, now wet in the water, went well with the sunlight and shade of the mangroves. Eventually, after enough snaps Johnny asked me to get naked. It was at that moment that an elderly lady who lived nearby where we were shooting and her helper, came out to sit in the sun.

'Careful they don't see your cock,' joked Johnny. 'She might get frightened at seeing a naked man in the water.'



I was careful to put the clothes neatly hanging on a mangrove in case I needed to grab at them if anyone approached, though no one did. The elderly lady and her helper were happy to sit in the sun and eventually they figured out what was going on. They were happy to watch me pose naked in the water and at one point, later on, laughed as they saw my erection flex and poke out from the water. In some areas the mangroves created circular formations around the water, and I was able to lie between them, in the water, either supine or prone, with my erection or bottom poking out from the warm salty water.

Having taken enough shots in the mangroves we walked around the forested beach and took photos in a small copse. I stood naked on the pebbles among the skinny trees posing for Johnny and looking up. I posed among the huge roots of a tree that were so large I managed to sit on them. However, I lost my balance and fell into the mud. Johnny loved that so took some photos of me naked and covered in mud. As it was next to a stream I posed in the stream. I found a rock by the delta of the stream, where it meets the sea and kind of lay on the large rock as if I was going into a doggy position. Turning around I faced the camera and positioned my cock on the rock, showing it off, as well as my hole. Johnny loved those poses. 'You look like a real porn star' he said...

What a compliment. Not a porn star at all... not even in the top 10% of OF creators you see... but maybe one day.

By that point there were some people canoeing in the sea; a group of 12 or 15 people; all paddling along oblivious to the fact that a softcore photoshoot was taking place nearby. I was too far to take cover, so I ducked into the sea. At that moment my bottom was the last thing to disappear, so Johnny by chance snapped a pic the moment I dived. He showed me the photo a moment later where my hole was perfectly on display as the rest of my body was submerged in the sea.

By then I was feeling more than horny. It was lucky that I was in the sea as I did not want to have the issue of wiping away my precum as I had with other photoshoots. For those shoots I had to wipe it discreetly away and it is not easy to do so when you're naked. Not that Johnny would have minded. He expected a cum shot at the end of this shoot in any case.

We made it to the tall grass, near the mangroves where we began our shoot a few hours earlier.

'Why don't you face down in the tall grass,' began Johnny, 'and just stick your ass up, so all we see is your ass and hole in the grass.' A man with a creative vision for sure.

I did as he said. It wasn't particularly challenging as I was flexible from the yoga I did, but it was hard to get the perfect angle of my hole being in the air, while my dick dripped of precum. All the while I was trying to be professional, although not sure how that is possible when someone poses nude like that. We also had to be careful that no one approached. Last thing we wanted to do was confuse a stranger with this interesting scene of a hole poking out from the grass.

Once Johnny had his shots, he found another grassy secluded area. This was meant to be the place for my cum shot.

'Oh you're working so hard,' he said as I pumped away at my cock, jerking off under the sun, covered in salt and sweat. I gently felt my hole as I wanked away and then... with little notice... I announced that I was coming.

'So fast?' he said. 'I haven't got enough shots!'

'I can't hold it,' I said as my cum streamed out of my dick. My balls by then were so tight.

'Phew,' I said, laying down in the grass, cum all over my belly and chest and with Johnny snapping away.

# q health: KNOW YOUR CRYSTALS

## Best Crystals for a Good Night's Sleep

A good night's sleep is one of the best natural medicines for maintaining a healthy lifestyle. We all know the benefits that a solid eight-hours can bring, including increased energy, better memory, sharper mental focus, positive mindset and stronger immune function. However, for many of us, even squeezing in five hours sleep can be a stretch!

There are many every-day factors that can contribute towards poor sleep and insomnia such as:

- Busy lifestyle - Stress or worry - Excessive screen use or exposure to artificial light before bed
- Shift work - Diet (including alcohol, caffeine, and food intolerances) - Physical pain - Health issues such as sleep apnoea, reflux, menopause, etc

Unfortunately, once you find yourself falling into the habit of restless sleep, it can become a perpetual cycle of feeling constantly tired and stressed-out, leading to even less sleep! All body systems begin to suffer, and you may even find yourself getting sick more often or experiencing adrenal fatigue.

It's always important to investigate the underlying cause of chronic, long-term insomnia with your doctor, however there are some very simple and effective natural therapy treatments that can help you get the sleep you need before it becomes problematic. It is perfectly normal to experience sleeplessness from time to time, especially through periods of transition or temporary stress (such as moving house or leading up to a big job interview).

As a professional crystal therapist for fourteen years, I have had a lot of personal and professional experience using healing stones to facilitate deeper, more restful sleep for myself and my clients. Not only are crystals gentle and effective for bringing calmness to an overactive mind, but they can easily be placed under your pillow to keep the vibe calm while you sleep!

**Below are my top three crystals for sleep:**

### **Amethyst**

Amethyst is excellent for calming an overactive mind and helping you to mentally 'switch off' at the end of the day. Ranging in colour from deep purple to light violet, amethyst has an almost tranquilizing energy, which acts like an energetic sedative. It helps to promote restful sleep and intuitive dreams, while also keeping nightmares at bay. The name 'amethyst' comes from the ancient Greek word 'amethystos', which translates to 'not drunk' because it is believed that amethyst can also combat the effects of alcohol.

### **Moonstone**

Like its name suggests, moonstone is full of calming moon energy. Even just looking at the silvery white depths of a moonstone crystal is soothing to the soul! In addition to being helpful for sleep, moonstone is also used for energetically regulating natural cycles (just like the moon's lunar cycles). This means it can be especially beneficial for shift-workers as it can help re-establish organic circadian rhythms. Moonstone can also be used to promote lucid dreaming.

### **Sodalite**

Sodalite is a pretty, deep blue stone with white veins. When placed on the forehead, it energetically stimulates the pineal gland which is responsible for melatonin production, which is essential for regulating sleep cycles. This makes sodalite an especially beneficial stone for shift-workers or those suffering from jet lag. Sodalite is also one of the more effective healing stones for alleviating feelings of panic, confusion, stress and mental hyper-activity. Sweet dreams!

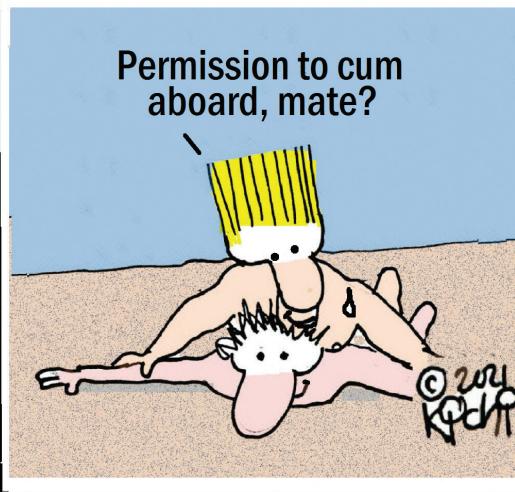
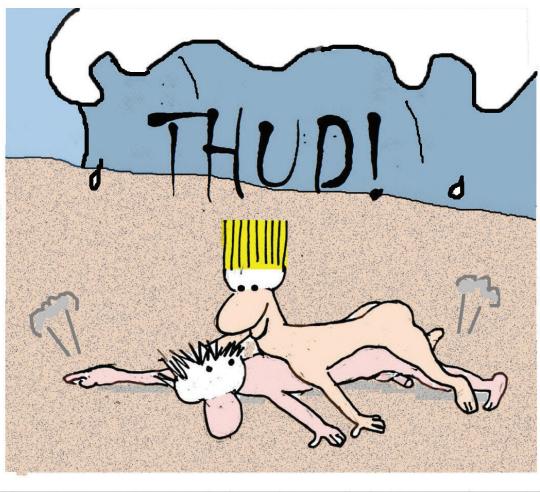
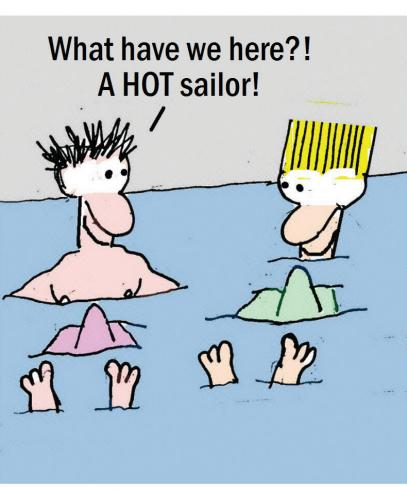
*Kate Mantello, author of Rock On: The Crystal Healing Book for Rebels (Rockpool Publishing \$29.99) is a Master Energy Healing Practitioner and founder of Evolve Healing Institute - a world class online training platform for professional crystal healing practitioners. Rock On is now available where all good books are sold and online at [www.rockpoolpublishing.com.au](http://www.rockpoolpublishing.com.au)*

THE CRYSTAL HEALING HANDBOOK  
FOR SPIRITUAL REBELS

# ROCK ON

KATE MANTELLO

# GAYLORD BLADE





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